

MONTHLY NEWSLETTER

DECEMBER 2025 | Vol. XLVIII



OUR COMMITMENT

VISION

“A literate, healthy and self-reliant Community”

MISSION

- * Identify and work with socially and economically backward people, especially girls and differently-abled;**
- *Enhance people’s skills, especially of the youth;**
- *Promote community self-reliance through community participation.**

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

HIGHLIGHTS

NIPUN, Community Sensitization on Right to Education & School Mainstreaming

NIPUN successfully conducted a community sensitization program across its project locations in South West Delhi to spread awareness on the Right to Education (RTE) and the importance of mainstreaming children into MCD/Government schools.



Through interactive discussions, door-to-door mobilization, and awareness sessions with parents and caregivers, our team highlighted the essential message that every child deserves access to free, quality, and inclusive education. Families were informed about school admission processes, required documents, and the long-term benefits of formal schooling for their children's growth and future opportunities.

With active participation from the community, the program inspired many parents to commit to enrolling their children in nearby government schools—ensuring that no child is left behind.



— NIPUN —

WORLD AIDS DAY

Vocational Training Centre



HIGHLIGHTS

World AIDS Day

World AIDS Day is observed on December 1 to raise awareness about HIV/AIDS, remember those who lost their lives, and support people living with HIV. First marked by WHO in 1988, it has since become a global effort uniting communities and governments to fight the epidemic. This year's theme, "Overcoming disruption, transforming the AIDS response," highlights the need for a resilient, equitable, and community-led approach.

NIPUN's Targeted Intervention Project in Delhi & Punjab observed World AIDS Day 2025 in South West District (Delhi) and Gurdaspur & Batala (Punjab). The team conducted community outreaches, hotspot meetings, poster campaigns, focus group discussions, and distributed essential commodities among HRGs. Let us continue to break stigma, spread awareness, and support every individual with dignity. Together, we can build a future where HIV is no longer a threat—one filled with hope, health, and equality.



HIGHLIGHTS

NIPUN UMANG Vocational Training Center Observes World AIDS Day 2025

NIPUN UMANG Vocational Training Center marked World AIDS Day on 1 December 2025 with an interactive awareness session on HIV/AIDS for trainees. The session included discussions on causes, prevention, and control measures, and helped clear common myths and doubts. Our goal is to create an informed community and end the stigma,” said Pradeep Kumar, Founder Secretary, NIPUN. The active participation of trainees reflected their commitment to learning and health awareness.

Together, we continue to promote knowledge, empower communities, and build a future free from HIV/AIDS.



HIGHLIGHTS

HIV/AIDS Awareness for Migrant Women

NIPUN's Empowering Girl Child Unit organised an awareness session for migrant women on HIV/AIDS causes and prevention. Our Senior Counsellor, Ms. Asha, conducted the session using IEC materials and encouraged open conversations.

The participants actively asked questions, clarified myths, and learned about safe practices and health rights. A total of 37 women attended the session with great enthusiasm.



Campaign on HIV/AIDS Prevention | December 2025

NIPUN organised a week-long HIV/AIDS Prevention Campaign in December 2025, reaching out to the most marginalised sections of the community. A total of 225 men, women, and youth—including rag pickers, migrant labourers, and daily wage earners—were sensitised on the prevention of HIV/AIDS, its symptoms, causes, available treatment options, and the need to break the stigma associated with the disease.

As part of the campaign, voluntary HIV testing was conducted for 125 beneficiaries, supported by confidential counselling sessions to address fears, myths, and concerns. Informative IEC materials were exhibited and distributed, and an interactive question-and-answer session helped participants gain clarity and confidence regarding HIV prevention and care.



The campaign concluded with an engaging magic show, creatively highlighting key messages on HIV awareness and prevention, ensuring strong community participation and lasting impact.

Awareness, early testing, and compassion are key to preventing HIV and building healthier communities.

HIGHLIGHTS

NIPUN Empowering Divyang | World Disability Day 2025

On World Disability Day 2025, NIPUN organized an awareness session for Divyang individuals and their families at Meera Bagh community, followed by a legal awareness session by Advocate Sh. Vikas Azad on the LSUM (NALSA 'Manonyay' Scheme 2024) at Bengali Camp, West Delhi.

The session highlighted free legal aid, district-level support units, trained legal professionals, accessible services, and assistance in accessing treatment and welfare benefits for persons with mental illness and intellectual disabilities. Aligned with this year's theme—Fostering disability-inclusive societies for advancing social progress—the event reaffirmed our commitment to creating an inclusive world where every individual is valued and empowered. The day concluded with an engaging magic show by Tamasha Entertainment Group, bringing smiles and joy to all participants.



Awareness Session on Tuberculosis at Bengali Camp, West Delhi

Sh. Hari Om Sharma and his team from the Delhi TB Association conducted an informative awareness session on Tuberculosis, covering its symptoms, diagnosis, treatment, and prevention. The session also included an interactive Q&A segment where community members' queries were addressed, and several myths related to TB were clarified.

A total of 35 women from the Bengali Camp community participated and actively engaged in the discussion.

NIPUN extends heartfelt thanks to the Delhi TB Association for their valuable support in strengthening community health.



HIGHLIGHTS

Baal Mela Celebration at MCD School, South West Delhi

One of the key objectives of NIPUN's Bal Vatika project is to mainstream children into nearby MCD/Government schools in South West Delhi. As part of the ongoing Baal Mela celebrations, NIPUN organised an exciting Magic Show at the MCD School, which was attended by hundreds of enthusiastic children. The Magic Show creatively delivered child-friendly messages on personal health and hygiene, community sanitation, the importance of education, nutrition supplements, and other essential themes. The engaging format helped reinforce positive habits and awareness among the young audience.

A major highlight of the Baal Mela was the Educational Exhibition set up by Bal Vatika children. It showcased an impressive range of models, including the water cycle, solar and lunar eclipses, the life cycle of a butterfly, the parts and stages of a plant, and the eight phases of the moon. One of the most captivating displays was the model on Traffic Signals and Road Safety Rules, which drew considerable attention from both children and visitors. To further promote learning, a Book Stall was set up to encourage reading habits among children. Additionally, a Nutrition Stall offering low-cost, healthy food options was arranged to highlight the importance of balanced diets for families. Throughout the event, NIPUN's dedicated teachers and caregivers actively interacted with children, explaining each model and poster in detail. Their efforts ensured that the Baal Mela became a meaningful and joyful learning experience for all.



HIGHLIGHTS

Honoured to Receive an Award for Our Community Service!

NIPUN recently organised a special Educational Trip for the children of Bal Vatika (Bridge Course & After-School Program) to Qutub Minar, the Air Force Museum, and Chhattarpur Temple. A total of 130 children, along with their parents who volunteered wholeheartedly and the dedicated teachers of our center, took part in this enriching experience. Despite the chilly winter morning, all the children arrived in the early hours carrying their water bottles and excitement, ready to explore and learn beyond the classroom.

The trip offered a continuous stream of learning at every stop. At Qutub Minar, teachers shared detailed insights into the monument's history, architectural marvel, and cultural significance. The children were captivated by the stories behind this UNESCO World Heritage Site. The day then moved smoothly to the Air Force Museum, where the young learners were introduced to the world of aviation. They observed fighter aircrafts, war equipment, and historical exhibits that filled them with pride and curiosity about India's defence forces. The journey concluded at the Chhattarpur Temple, where the children experienced the spiritual ambience and learned about India's rich cultural and traditional heritage.

To ensure everyone's comfort, breakfast and lunch were served to all participants, allowing them to enjoy the day with energy and happiness. The trip ended with excited faces, new learnings, and unforgettable memories. This experience reaffirmed our belief that education grows deeper and stronger when families participate and learn together.



HIGHLIGHTS

Community Workshop on POSH | Bal Vatika Project, South West Delhi

As part of NIPUN's ongoing commitment to creating safe, inclusive, and respectful communities, a POSH (Prevention of Sexual Harassment) awareness workshop was organised for the community members—with a special focus on male participants—at our Bal Vatika project location in South West Delhi.

The workshop began with a brief address by Mr. Pradeep Kumar, Secretary, NIPUN, who introduced the Bal Vatika Project and highlighted its core objective of providing a safe, nurturing, and child-friendly learning environment while actively engaging families and communities in child protection.

The session was facilitated by Ms. Charu Makkar, Child Protection Professional and former member of CWC & JJB. Through interactive discussions and real-life examples, she sensitised participants on the concept of sexual harassment, respectful behaviour, legal provisions under POSH, and the role of men in promoting dignity, safety, and equality within families, workplaces, and communities. The session encouraged open dialogue and helped break social taboos around discussing sensitive issues.



HIGHLIGHTS

Art & Craft Training for Educators | Bal Vatika Project

To strengthen creative learning in early childhood education, NIPUN organised a day-long Art & Craft training session for the teachers and caregivers of our Bal Vatika Project, facilitated by Mr. Manish Kumar, an Art & Craft Specialist.

The hands-on workshop focused on creative mask making inspired by animals and birds, along with designing educational toys, decorative flowers, and learning materials using simple, child-friendly resources. The session encouraged innovation, imagination, and the use of low-cost materials to make learning more joyful and interactive for young children.

This training played a vital role in enhancing the skills of our educators, equipping them with engaging tools that promote experiential learning, creativity, and fine motor development among children. The learnings from the session will now be disseminated to the Bal Vatika learners and the wider community, ensuring that creativity becomes an integral part of classroom and community-based learning.



HIGHLIGHTS

Legal Awareness Session on Health Rights & Free Legal Aid | Nihal Vihar, West Delhi

In line with the directions of the Delhi State Legal Services Authority (DSLISA), a Legal Awareness Session was successfully organised at the Day Care Center in Nihal Vihar, West Delhi, in collaboration with NIPUN, to strengthen community access to legal aid and public welfare schemes.

The session was facilitated by Mr. Zaim Khan, Learned Legal Aid Counsel (LAC), who sensitised community members on their legal rights and entitlements related to health and social welfare schemes. Key topics included Ayushman Bharat-PMJAY, ABHA Digital Health ID, JSY, JSSK, free diagnostics, free medicines, and grievance redressal mechanisms under the National Health Mission.



Participants were guided on how to avail these schemes, seek free legal assistance, and address issues related to healthcare access. Awareness materials were also distributed to ensure better understanding and long-term impact.

Community Sensitisation & Wall Art for a Healthier Tomorrow

Management students from the SOIL Institute of Management conducted a series of community sensitisation programs at Bengali Camp, West Delhi.

As part of their initiative, the students also created impactful wall paintings carrying important messages on community sanitation, health, and hygiene. Their efforts helped spread awareness and encouraged residents to adopt cleaner and healthier practices.

NIPUN appreciates their meaningful contribution towards strengthening community well-being.



HIGHLIGHTS

A Fun-Filled Educational Trip Filled with Curiosity, Laughter & Discovery!

On 11th December, our little learners from the Pre-School section of NIPUN's Bal Vatika Project embarked on a delightful Educational Trip that took them through a world of imagination, history, and wildlife. With bright smiles and endless excitement, the children along with their parents & teachers, totalling to 180 participants began their journey early in the morning, ready to explore and learn outside their classrooms. The first stop was the enchanting Shankar's International Dolls Museum, a place that felt like stepping into a global fairy tale. The teachers introduced the children to dolls from different countries, cultures, and traditions. The little ones were amazed to see dolls dressed in traditional costumes from around the world. The teachers explained how each doll represents a unique heritage, helping the children understand the beauty of diversity and global cultures in the most joyful way.

From there, the children headed towards the iconic India Gate. Standing before this magnificent monument, the teachers narrated the history of India Gate, its significance as a war memorial, and the bravery of the soldiers whose sacrifices it represents. The children listened with wide eyes, absorbing every word. They were then seated in small groups on the lush green lawns in front of India Gate, where lunch was served amidst laughter, sharing, and playful chatter.

The final and most thrilling destination of the day was the Delhi Zoological Park (Delhi Zoo). The moment the children entered the zoo, their excitement knew no bounds. They joyfully explored the world of animals, birds, and reptiles—spotting lions, deer, elephants, peacocks, snakes, and many more species. The teachers turned the entire zoo tour into a fun learning session, helping the children identify each animal and understand their habitats, sounds, behaviours, and importance in nature. For many of them, this was their first-ever encounter with real wildlife, making the experience truly unforgettable. The entire day was filled with smiles, learning, curiosity, and beautiful memories. This trip not only expanded their knowledge but also strengthened their social skills, observation abilities, and love for nature.



HIGHLIGHTS

Financial Literacy Week

NIPUN celebrated Financial Literacy Week in December 2025 across its Bal Vatika project locations in South West Delhi, with the aim of strengthening women's financial awareness and economic decision-making. The sessions were facilitated by Mr. Naveen Kotia, an expert in financial literacy, who engaged participants in interactive discussions on essential topics such as developing saving habits, the importance of opening and managing savings bank accounts, cyber safety, identifying online scams, and opportunities in micro-enterprises.

Women were also sensitised about key government welfare and financial inclusion schemes, including Pradhan Mantri Jan Dhan Yojana, Sukanya Samridhi Yojana, Pradhan Mantri Mudra Yojana, Pradhan Mantri Jeevan Jyoti Bima Yojana, Pradhan Mantri Suraksha Bima Yojana, Deen Dayal Antyodaya Yojana, Mahila Udyam Nidhi Yojana, PM Vishwakarma Yojana, Stree Shakti Yojana, and PFME, enabling them to better access available benefits and livelihood opportunities.

A total of 136 women from the community, whose children are enrolled at NIPUN's Bal Vatika centres, actively participated in the programme and gained practical knowledge to improve their financial security and self-reliance.





Christmas Celebration at UMANG Vocational Training Center

UMANG Vocational Training Center, an initiative of NIPUN, celebrated Christmas Day with great joy, warmth, and togetherness. Trainees and staff came together to share smiles, spread happiness, and celebrate the true spirit of Christmas—love, hope, compassion, and unity. Such moments strengthen our community bonds and reinforce our commitment to inclusivity and collective growth.

May this festive season fill your lives with peace, good health, happiness, and new opportunities.





Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

HIGHLIGHTS

World Toilet Day 2025: “Sanitation in a Changing World”

NIPUN observed World Toilet Day at its South West District project location by organising an awareness meeting focused on ending open defecation and strengthening safe sanitation practices within the community. During the session, participants were sensitised about the importance of toilet usage, personal hygiene, waste management, and preventing diseases caused by poor sanitation. The discussion highlighted how improving sanitation is essential for protecting families—especially children—in a rapidly changing world.

To make the campaign more engaging, children and community members prepared impactful posters and slogans. The powerful message, “Shouchalaya Ka Prayog Badhaao, Bimari Ko Door Bhagaoo,” resonated strongly across the community.

NIPUN continues its efforts to promote cleanliness, dignity, and healthier living through awareness, participation, and collective responsibility.

Legal Awareness Session on Air Pollution | NIPUN x Legal Services Authorities

In collaboration with the West District Legal Services Authority (WDLA), under the aegis of NALSA and DSLSA, NIPUN organised a Legal Awareness Session on “Air Pollution: Silent Killer – Effects on Children, Elderly & Daily Life” at Meera Bagh, West Delhi.

The session aimed to sensitise the community about the harmful impact of air pollution on health, especially on children, senior citizens, and vulnerable populations, while also highlighting citizens’ rights, legal remedies, and preventive measures for environmental protection.

The programme was conducted as part of NALSA’s pan-India initiative “Protect Today, Secure Tomorrow”, reinforcing the importance of environmental legal literacy and community participation for a healthier future and was participated by 40 beneficiaries.



HIGHLIGHTS

Empowering Communities, Eradicating TB

NIPUN organized a Tuberculosis (TB) Awareness Program at its Vocational Training Centre with the support of the Delhi TB Association.

During the session, 40 trainees actively participated, cleared myths and doubts related to TB, and learned about prevention, early detection, and treatment—taking a meaningful step towards a TB-free community.

We sincerely thank the Delhi TB Association for their continued guidance and support in strengthening community health initiatives.



Empowering Communities, Eradicating TB

To help mothers cope with the harsh cold, free blankets were distributed to the mothers of children enrolled at our Day Care Centers. This small yet meaningful initiative aimed to provide warmth, comfort, and a sense of care to women from vulnerable communities, many of whom face extreme weather conditions with limited resources. The smiles and gratitude shared by the mothers reaffirm our belief that care goes beyond education—it includes dignity, safety, and well-being for the entire family.





Restoring Vision and Livelihood through Timely Health Support

Rinku Devi (35), originally from Nalanda district, Bihar, migrated to Kapashera village in Delhi in 2004 with her husband, Chintu Kumar, in search of livelihood opportunities. The couple has three children—two daughters and one son. As household responsibilities increased, including children’s education and daily expenses, Rinku Devi began working as a daily-wage tailor in an export-line factory in 2012 to support the family.

In 2022, the family took a loan to arrange the marriage of their elder daughter. To repay the debt, Rinku Devi started working longer hours, which resulted in continuous strain on her eyes. Over time, she began experiencing persistent eye pain.

In 2024, a local doctor advised her to use spectacles, but her condition did not improve. On the night of 7 October 2025, Rinku Devi experienced severe eye pain and suddenly lost her vision.

She was rushed to a private hospital, where medical examination revealed advanced cataract in her eyes. Doctors advised immediate surgery within two days, warning that any delay could lead to permanent vision loss. The estimated cost of surgery was Rs. 30,000, which the family was unable to afford. Disheartened, the family returned home without proceeding with the treatment.

On their way back, they met a neighbour who had just received medicines from the Swavalamban Evening Clinic run by NIPUN. The neighbour informed them about the free eye check-up and cataract surgery services available at the clinic. Encouraged by this information, Rinku Devi and her family immediately visited the Swavalamban Clinic and consulted the doctor.

After a detailed examination and review of previous medical reports, Rinku Devi was scheduled for free cataract surgery, which was successfully conducted on 18 December 2025. The following day, when the bandage was removed, Rinku Devi was able to see clearly again. A post-operative check-up was conducted, and she was provided with medicines, protective glasses, and guidance on post-surgery precautions.

Today, Rinku Devi has regained her eyesight and confidence. She and her family expressed heartfelt gratitude to NIPUN for providing timely, free medical support that not only restored her vision but also safeguarded her livelihood and family’s future.

SNAPSHOT



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APPEAL

NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

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